

Independent Task

Task 1

Use the information to work out who has trained the longest.

Nicola has done two hours a week for seven weeks.

Mark has done 300 minutes once a fortnight for six weeks.

Tom has done 30 minutes a day for 24 days.

Task 2

Draw a bar model to show your understanding of each of the athletes training schedules.

Task 3

How much longer does each athlete need to train so they are all training for the same amount of time?

- Write out and convert the units of time you are dealing with.
- Represent it using a bar model.
- Using multiplication to solve each part.

